



## **Cranbrook Skating Club Covid-19 Protocol**

**Fall 2021 (October 15,2021)**

Welcome to the Cranbrook Skating Club. Below you will find our club guidelines for the Fall 2021 Skating season. Please read through these guidelines carefully and discuss with your skater the CSC rules.

### **To protect yourself and others against Covid:**

1. Stay home if you are sick or have any symptoms or respiratory illness such as fever, cough, sore throat, etc.
2. Do not skate if you have been told to isolate by Public Health, if you have a positive Covid-19 test or if you are waiting for your Covid test result.
3. Wash your hands with soap or use hand sanitizer regularly.
4. Do not share water bottles, gloves or clothing.
5. If you cough or sneeze do so in a tissue or in your sleeve. Use hand sanitizer immediately after coughing or sneezing.
6. Avoid all physical contact, for example high fiving, shaking hands or hugging.
7. Avoid touching your face.
8. Physical distance of 2 meters must be kept between skaters, coaches and volunteers everywhere in the facility.

### **At the Arena:**

- Arrive 10 minutes before your scheduled session.
- **Masks required for anyone entering the facility 5+ years of age.**  
Masks must be worn until on the ice.
- Everyone (skater, coach, volunteer, spectators, etc.) must write their name and phone number in the CSC check-in book before each session. CSC club is responsible for keeping record for all skaters, coaches and spectators who are at the arena during skating sessions. Contact information (name and phone number) of all attendees must be collected. The sign-in book will be at the entrance of the Memorial Arena.
- Maximum occupancy in the club room is 10 people, coaches' room – 2 people. Two meters of distance must be always kept in the change room. Masks are mandatory in the change room.

- Sharing food and drinks is not allowed.
- Music at the arena must be kept below speaking volume in order to reduce shouting. Only one designated person should operate music equipment.
- Participants must leave approximately in 5-10 minutes after the end of their session. **It is highly recommended to use the door next to the fitting room as an exit.**

### **Spectators Rules:**

- Maximum number of spectators allowed at the City of Cranbrook facilities is 50 people. Spectators at indoor youth sport don't need proof of vaccination.
- One spectator per family allowed at this time. Some exceptions may apply (if the number of spectators is way below 50 or a parent/guardian has other young children with them)
- **Spectators should not be at ice level and should be seated in designated areas.** All spectators are expected to follow the facility guidelines with respect to physical distancing. Spectators do not move from seat to seat and do not congregate in parts of the place unless it is necessary in order to use washroom facilities, provide help to the child or leave the place. No walking or exercise in the concourse for spectators.
- No food allowed.

### **Volunteers**

**Cranbrook Skating Club needs to have a volunteer parent (2 VOLUNTEERS FOR CANSKATE AND KINDERSKATE ) at every session to ensure that proper Covid protocol for skaters and spectators is in place. Please note any session with no volunteer will not be allowed any spectators.** Covid supervisor duties:

- Arrive 15 minutes prior to the ice session and stay at the entrance of the arena.
- Ensure that everyone fills out the sign-in form at the entrance (name and phone number).
- Ensure everyone 5 years old and up is wearing mask.

- Monitoring the process of signing up and making sure the entrance is not too crowded and 2 meters of distance can be kept. If needed, ask people to wait outside before entering the arena.
- Counting the spectators entering the building to ensure the number of spectators has not exceeded 50.
- Reminding skaters and spectators if needed about mask wearing and keeping physical distancing 2meters.
- Ensure spectators follow all the guidelines of CSC protocol.
- Disinfecting high touched areas (door handles and s around them, top of the boards and gates, faucet handles in the washroom, etc.)

**\*\*\*Please note that this may change at any time.\*\*\***

Thank you for doing your part to limit the spread of Covid-19. Your health and safety is our priority.